**Title:**

Insert the title here

**Authors:**

Insert the authors here, for example

Mustermann M1, Dupont J2, Rossi M2, Doe J1.

1Sport Science Group, Department of Randomness, University of Musterstadt, Switzerland

2Motor learning group, Department of Sport Science, Beach University, Australia

**Scientific discipline :**

Insert the discipline here, (like sport history, sociology, psychology, physiology, biomechanics, medicine, etc.)

**Abstract:**

**Introduction:** All text on this page must be written in ‘Calibri’ font (size 10) and must fit on one page (inclusive references; except for YIA where 1500 words are allowed). Please do not insert tables or figures in the abstract and do not change the page margins. Only one page will be published in the book of abstracts, all text or references on the second page will be cut off.

**Methods:** Insert text here.

**Results:** Insert text here.

**Discussion/Conclusion:** Insert text here.

**References:**

Please use the output style “APA 6th” when citing any studies.